

winter solstice

shortest day of the year
marking the start of winter

21	22	23	24	25		26	27	28	29	30								
January																		
31	1	2	3	4	5	6	7	8		9	10	11	12	13	14	15		
moon after yule																		
16	17	18	19	20	21	22		23	24	25	26	27	28					
February																		
29		30	31	1	2	3	4	5		6	7	8	9	10	11	12		13
snow moon																		
14	15	16	17	18	19		20	21	22	23	24	25	26		27			
March																		
28	1	2	3	4	5		6	7	8	9	10	11	12		13	14	15	
lenten moon																		
16	17	18	19		mothers day													

moon calendar 2023

MMXXIII
2023

vernal equinox

day and night of equal length
marking the start of spring

20	21	22	23	24	25	26		27	28	29						
April																
30	31	1	2		3	4	5	6	7	8	9		10	11	12	13
egg moon																
14	15	16		17	18	19	20	21	22	23		24	25	26	27	
May																
28	29	30		1	2	3	4	5	6	7		8	9	10	11	12
milk moon																
13	14		15	16	17	18	19	20	21		22	23	24	25	26	27
June																
28		29	30	31	1	2	3	4		5	6	7	8	9	10	
flower moon																
11		12	13	14	15	16	17	18		19	20					
fathers day																

sap flow

think moist - sap flow draws UP as light increases towards a full moon. a suitable time to sow or transplant short lived plants (biennials, annuals) that we want to harvest for leaves, seeds, flowers or fruit - increased sap flow produces new growth more quickly.

think dry - sap flow draws DOWN as the light decreases towards a new moon, energy is focused to the roots and root crops of longer living plants (perennials) a time for pruning and harvesting.

moon phases

- new moon - sow - leaves and stems like lettuce, spinach, cabbage
- first quarter - sow - fruit and seeds like tomatoes, broccoli and beans
- full moon - sow - roots & fruit crops like apples, carrots and asparagus
- last quarter - improve the soil, weeding, mulching and making compost, digging and ploughing

rest a day between each phase
source: permacultureprinciples.com

old english moon names set out by the time meddler.
source: time-meddler.co.uk

summer solstice

longest day of the year
marking the start of summer

21	22	23	24	25		26	27	28	29	30	1	2		3		
July																
hay moon																
4	5	6	7	8	9		10	11	12	13	14	15	16		17	
August																
18	19	20	21	22	23		24	25	26	27	28	29	30		31	
grain moon																
2	3	4	5	6		7	8	9	10	11	12	13		14	15	16
September																
17	18	19	20		21	22	23	24	25	26	27		28	29	30	31
harvest moon																
1	2	3		4	5	6	7	8	9	10		11	12	13	14	15
16 17 18 19 20 21																

autumn equinox

day and night of equal length
marking the start of autumn

22	23	24		25	26	27	28	29										
October																		
30	1	2	3	4	5	6	7	8		9	10	11	12	13	14			
hunters moon																		
15		16	17	18	19	20	21	22		23	24	25	26	27	28			
blood moon																		
29		30	31	1	2	3	4	5		6	7	8	9	10	11	12		13
daylight saving time ends 29th october																		
14	15	16	17	18	19		20	21	22	23	24	25	26		27			
yule moon																		
28	29	30	1	2	3		4	5	6	7	8	9	10		11	12		
13 14 15 16 17 18 19 20 21																		

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